



Accessible Sailing on Lake George

40th ANNUAL LAKE GEORGE TICONDEROGA RACE

TO BENEFIT "Y-KNOT SAILING",
A PROGRAM OF YMCA CAMP CHINGACHOOK
FOR PEOPLE WITH DISABILITIES

JUNE 15, 2013

STARTING TIME 09:30 (AM)

OPEN TO ALL SAILBOATS ON LAKE GEORGE.

THE TICONDEROGA RACE CONSISTS OF FOUR FUN RACES. A LONG NON-SPINNAKER CLASS, THE SPINNAKER CLASS, A MULTIHULL CLASS, AND A SHORT "SPRINT" RACE. ANY SAILBOAT IS WELCOME IN EACH RACE, AND TIMES ARE BASED ON PHRF HANDICAPS (Please be prepared to keep your own time).

THE YELLOW NON-SPINNAKER RACE IS FOR THE BOATS LOOKING FOR A LONGER RACE. THE COURSE STARTS AT YANKEE YACHT GOES THROUGH THE NARROWS AROUND GULL ISLAND AND FINISHES BACK AT YANKEE. DISTANCE IS ABOUT 35 MILES. (TIME 9 - 18 HOURS).

THE GREEN SPINNAKER RACE IS FOR BOATS USING A SPINNAKER. THIS COURSE STARTS AT YANKEE, GOES NORTH TO TICONDEROGA, AROUND THE GOVERNMENT BUOY AND RETURNS TO YANKEE. DISTANCE IS ABOUT 45 MILES. (TIME 10 - 24 HOURS)

THE RED RACE IS FOR MULTI-HULL BOATS. THIS COURSE STARTS AT YANKEE, GOES NORTH TO TICONDEROGA, AROUND THE GOVERNMENT BUOY AND RETURNS TO YANKEE. DISTANCE IS ABOUT 45 MILES. (TIME 9 - 20 HOURS)

The Blue Race is a short race which starts at Yankee with the marks and finish TBD at the registration BBQ depending on weather forecast. (1 – 3 hours)

RACES ARE OPEN TO ALL SAILBOATS ON THE LAKE AND BENEFIT THE Y KNOT SAILING PROGRAM SO PLEASE VISIT OUR WEB SITE FOR FULL DETAILS, AND JOIN US FOR A WEEKEND OF FUN AND CAMARADERIE AS YOU TEST YOUR SAILING SKILLS.

FOR MORE INFORMATION OR TO REGISTER FOR THE RACE PLEASE CONTACT:

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To learn more about the Y-knot Sailing program Visit our website at www.yknotsailing.org